



HUMA

Homeopathy Unicist Moroccan Association

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2017

HUMA
Homeopathy Unicist Moroccan Association

**Journées
d'homeopathie clinique**

**MARRAKECH
27 / 28 / 29
AVRIL 2017**

Places limitées

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b **radarépous** **BOIRON**

VithoulkasCompass
ASSOCIATION D'HERPES

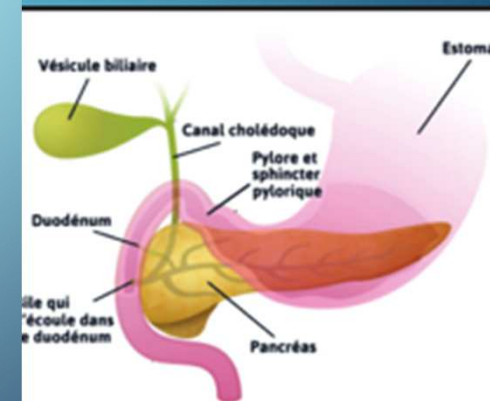


A decorative graphic on the left side of the slide, consisting of a network of light blue lines and small circles, resembling a circuit board or a stylized tree structure, set against a blue gradient background.

31-YEAR-OLD WOMAN WITH CHRONIC ABDOMINAL PAIN

HISTORY

- 2014, (after a professional burnout), a chronic **cough** => doctor told her it was coming from the stomach => treatment. PPI (proton pump inhibitor: Inexium)
- 2018 the coughing episodes persist, the **fibroscopy** shows: small hiatal hernia + with Helicobacter/ treated with Pylera for 1 month (combination of bismuth subcitrate potassium, metronidazole, and tetracycline) (16 tablets/day!!) => excruciating stomach pain
- The **pH measurement** shows: basic reflux, bile "we've never seen that in a young person without a history of surgery" says the doctors in Paris
- Cs November 21



MODALITY OF THE PAIN

A **burning** sensation in my sternum and throat.

I feel the pain all the time, whether I'm hungry or not.

After meals, and especially in the evening.

If I lie down, it's worse. I sleep with three pillows. And if I sleep on my **right side**, it's worse.

15 minutes after lunch, I have a dry cough that lasts 10 seconds, then the burning sensation starts 1 hour later.



PAIN AGG

- If I eat fatty foods
- fried foods
- Coffee on an empty stomach
- Soda
- Intermittent fasting
- Soups = it's worse! But I like them, I have them at lunch
- **Tea ++**
- Tomato sauce
- Spicy
- **Amel:** When I'm on vacation

ANTECEDENTS

- Menses Irregulars, take hormonal pills since the age of 16
- In February 2021, I stopped the pill desir pregnancy , my cycle was 40 days long, then I had amenorrhea for 3 months
- Ultrasound shows = PCOS (**Polycystic Ovary Syndrome**)
- No hair growth, no acne, and no excess weight
- = Duphaston treatment from the 16th to the 25th day to induce my period
- **2 unsuccessful IVF** in vitro fertilizations
- scoliose

EXAMINATION

- Bitter taste in the mouth
- Desire: Spicy ++ / Acidic / Fatty / Pasta / Soup / Cheese I love
- Aversion: Green vegetables (beans/broccoli)
- Thirst: Yes / Cool in summer

EXAMINATION

- Car sickness
- Fear of dogs
- Fear of heights
- Hobby: love to sing / cook / travel + even alone

MIND

- I always have to be **active**, physically and mentally // I can't get bored Otherwise I feel like "we're wasting time »
- Very sociable, I have a lot of **empathy**
- I cry easily (film) / A kind word can make me cry
- At work: I like **challenges**, which stimulate me
- I'm a hard worker
- **Ambitious.**
- In 2014 "Burn-out" = because of her boss / she **felt disrespected**
- I didn't feel valued, watched over, constantly accountable
- I felt **imprisoned**
- I don't like being told what to do like the police

PRE- ANALYSE

- Health: good health
- Pathology: Digestive/Cough/Scoliosis/PCOS
- Prognosis: Good in the medium term
- Obstacle: Duphaston, hormonal treatment
- Affinities: Female Hormones / Digestive
- Miasm : Psore-sycosis
- Total: 1
- Vitality: 9
- We are looking for a remedy that has two affinities: Digestive (Bile) and Hormonal

REPERTORISATION MIND

Cas anonyme

Analyse 6 janvier 2025, allergie

Analyse utilise 10 rubriques.

Repertory of Mental Qualities V4 © 2021

	carc	sep	lach	nux-v	aur	ign	iod	verat	arg-n	stram	lyc	haliae-lc	cupr	calc	kola	choc	p
	100	81	76	74	58	74	73	72	60	60	60	58	54	53	52	42	42
	10	10	10	10	10	9	9	9	9	9	9	9	9	9	9	9	9
170 Mind; Busy	3	3	3	1	1	2	3	3	3	1	1		1	2	1	1	1
148 Mind; Occupation, diversion; amel.	3	4	1	3	1	3	3	1	1	1	1	1	3	1	1		1
156 Mind; Sing, desires to	2	1	3	1	1			4	2	4	3	2	1		1	1	1
100 Mind; Travel; desire to	3	1	1	1	1	3	3	1		1		3		1	3	1	1
227 Q-Rep; Ambition; Ambition Quality	2	2	4	4	4	2	2	4	2		4	2	2	2	2	1	
556 Q-Rep; Animals; Animals Quality	4	2	4	4	2	2	1	3	4	4	3	3	3	3	2	3	3
296 Q-Rep; Carers and Helpers; Carers and Helpers...	4	4	3	4	4	4	2		2	1	3	2	3	2	2	4	2
274 Q-Rep; Opinion of Others; Opinion of Others...	4	1	1	2	2	3	2	2	2	1	3	2	2	4	2	2	2
267 Q-Rep; Trapped; Trapped Quality	2	2	2	2	2	3	2	2	4	3	2	4	3	2		3	3
274 Q-Rep; Type A; Type A Quality	3	4	4	4	4	4	4	4	3	2	4	2	2	4	4	2	2

RUBRICS : PHYSICAL

Cas anonyme

Analyse 6 janvier 2025, allergie

Analyse utilise 8 rubriques.

Complete Repertory 2024r1 © 2024 Roger van Zandvoort

	phos	lyc	merc	sulph	sep	ars	carb-v	nux-v	nat-m	alum	bry	sang	acon	hep	sabad	zinc	iris
	100	99	99	94	88	82	93	81	71	69	68	66	63	52	50	43	64
	7	7	7	7	7	7	6	6	6	6	6	6	6	6	6	6	5
154 Throat; Pain; burning, smarting; esophagus	3	4	1	3		4	3	3	1		3	4	3	3	1	1	3
170 Stomach; Coughing; after	4	3	3	4	3	4	4	4	3	4	4	4	1	4	4	2	
184 Stomach; Eructations; bitter	4	4	4	3	4	3	4	4	3	3	4	1	4	1	2	2	3
495 Stomach; Heartburn, cardialgia	4	4	4	4	4	3	4	4	4	3	4	3	2	3	3	3	3
16 Stomach; Lying; agg.; side, on; right			3		2						1	1					1
90 Stomach; Pain; extending; throat, to	2	3	3	1	2	1	4	1	4	2		1	3	1	1	1	4
▼ 73 Rubriques combinées	2	1	1	3	1	1	3		1	3	1		2	1	1	2	
41 Generalities; Food and drinks; soup; agg.	2	1			1	1	3			3			2			2	
36 Generalities; Food and drinks; soup; desires			1	3					1		1			1	1		
▼ 21 Rubriques croisées	2	1		3	1	1		3		1							
56 Generalities; Food and drinks; spicy, condiments,...; agg.	2	2		3	1	1		4		2						1	
150 Generalities; Food and drinks; spicy,...; desires	4	1		4	1	3		3	3	1	3	3	1	3			

SMALL RUBRICS

Cas anonyme

Analyse 6 janvier 2025, allergie

Analyse utilise 3 rubriques.

- 4 Throat; Pain; burning, smarting; esophagus; extending; upward
- 1 Stomach; Eructations; food, of, regurgitation; bilious
- 2 Stomach; Pain; burning; lying; agg.; side, on right

Complete Repertory 2024

cocc
phos
dios
neod
croto-t
leuc-c
mez

100 47 31 31 31 31 31
1 1 1 1 1 1 1

3				1	1	1
	2					
		1	1			

IMPORTANT RUBRICS

Cas anonyme

Analyse 6 janvier 2025, allergie

Analyse utilise 3 rubriques.

Complete Repertory 2024r1 © 2024 Roger van Zandvoort

nux-v	puls	verat	sep	sulph	phos	dios	cham	ars	kali-i	arg-n	thuj	ferr	sel	nat-m	chin	lach	ign	thea	phyt	kali
100	87	86	83	77	59	53	34	34	33	30	55	50	49	49	43	43	43	43	41	37
3	3	3	3	3	3	3	3	3	3	3	2	2	2	2	2	2	2	2	2	2
3	3	3	1	4	3	1	1	1	1	1									3	
4	3	3	4	1	1	3	1	1	1	1	4	4	4	4	3	3	3	4		3
4	4	3	4	4	3	1	3	2	2	2	3	3	2	4	3	4	4	2	3	4

54 Abdomen; Bile quantity; increased

92 Generalities; Food and drinks; tea; agg.

481 Q-Rep; Female Hormones; Female Hormones Quality

"we've never seen that in a young person without a history of surgery

The background is a blue gradient with decorative white circuit-like lines in the corners. These lines consist of small circles connected by straight lines, resembling a stylized electronic circuit or neural network.

NOV 21 : REMEDY

- Dioscorea 200 (once a week /4 weeks)

FOLLOW UP AFTER A MONTH

- The first two weeks I still had pain (throat/bitter taste/stomach) same thing.
- After two weeks, I had a **fibroscopy** = everything was normal, no Helicobacter
- And I no longer had pain, I'm better.
- I made a few exceptions, I was expecting worse (spicy food) but I didn't have pain.
- I stopped taking all medication.
- I sleep with only one pillow, I no longer have heartburn.

FOLLOW-UP 1 MONTH (MIND)

- Morally better, I'm undertaking a lot of things
 - I'm launching my brand, a lot of things are **opening up** to me.
 - I've been working on it for 3 years, there was a blockage
 - for the past month everything has **been flowing**, as if I'd made **a huge leap**, I've gotten way ahead, and I'm managing to do a lot of things at once.
-
- **Take once / 15 days**

F-U AFTER 2 MONTH (JANV 22)

- no cough
- no bitter taste
- She stopped drinking coffee for 2 months
- Fibroscopy = very good results/no alkaline reflux, no Helicobacter
- Continue every 15 days (one dose)

FOLLOW-UP AFTER 4 MONTHS

- I no longer have any stomach pain at all.
- I'm gradually adding coffee/tea/spiced foods.
- Examination at the gynecologist, I have a lot of follicles, but they're not growing.
- Wait for ovulation test + spermogram
- Continue taking Diosc (once a month).

FOLLOW-UP

- Underwent IVF in vitro fertilization
- June 22, 5 weeks pregnant (3 embryonic sacs)
- September 22, triplet pregnancy (reduction)
- January 23: 2 beautiful twins



DIOSCOREA WILD YAM, CLIMBING PLANT RHIZOMES OR TUBERS



DIOSCOREA THE SUBSTANCE

- New York physician Grover Coe wrote in 1860: "The wonderful efficacy of this remedy in curing **bilious colic** makes it an indispensable agent for every practitioner of the healing art. In this case, it is as specific as any other remedy can be. The relief it affords is both rapid and certain.
- But its value is not confined to this disease alone, for it has been found exceedingly valuable in **cholera morbus, nausea incident to pregnancy, spasms, coughs, liver** troubles, aches and pains, flatulence, **dysmenorrhea**, and in all cases where an **antispasmodic** is required.

DISCOREA THE SUBSTANCE

- The main active constituent of the rhizomes is a steroidal saponin called **diosgenin**.
- Diosgenin became famous in the 1960s when it was discovered that it could be easily converted in the laboratory into hormones such as **cortisol, progesterone, estrogen, and dehydroepiandrosterone**.
- This led to the mass production of **steroid-based drugs and hormones** that changed the course of Western medicine.
- In addition to diosgenin, Dioscorea contains several other saponins, the alkaloid dioscerin, tannins, and several vitamins.

DIOSCOREA THE SUBSTANCE

- Another very important sphere of action is the **female sexual sphere**, which can be linked to the presence of diosgenin.
- This substance is very important and is the symbol of a true sociological revolution.
- Indeed, diosgenin is a precursor to progesterone.
- The progesterone present in the first **contraceptive pills** was industrially produced from diosgenin extracted from another variety of Dioscorea: *Dioscorea mexicana*.

DIOSCOREA

Some stories tell that the Maya lost their corn crop and had to resort to feeding on *Dioscorea villosa*. The plant's hormonal effects caused a **decline in fertility** among their population from which they were unable to recover.





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8-YEAR-OLD BOY SUDDEN AND SIGNIFICANT DECLINE EYESIGHT



HISTORY

- Case of an 8-year-old child, who arrived in 2017, accompanied and directed by his father as a blind
- 2 weeks ago, after hitting a door, his parents noticed a sudden decline in his visual acuity and loss of his visual field.
- Two ophthalmologists consulted in Agadir diagnosed bilateral inflammation of the optic nerves (papillitis). The CT scan was normal, and the assessment showed a moderate inflammatory syndrome: Sedimentation Rate 30, C-Reactive Protein 66, Hemoglobin 10.3.
- they admit their impossibility to treat this kind of serious affections, and advise him to come to Casablanca.

OPHTHALMOLOGY

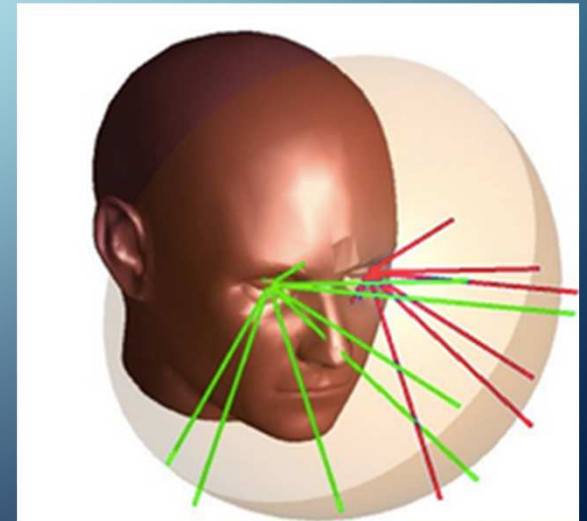
- **Bilateral** optic nerve lesions are **rare** but very **serious** pathologies
- may reveal a tumor, intracranial hypertension, or be of inflammatory or infectious origin.
- Delayed treatment can lead to **visual atrophy** with loss of vision.
- Treatment generally consists of intravenous infusion of high-dose corticosteroids, with numerous side effects and a high risk of subsequent optic atrophy.

ANTECEDENT

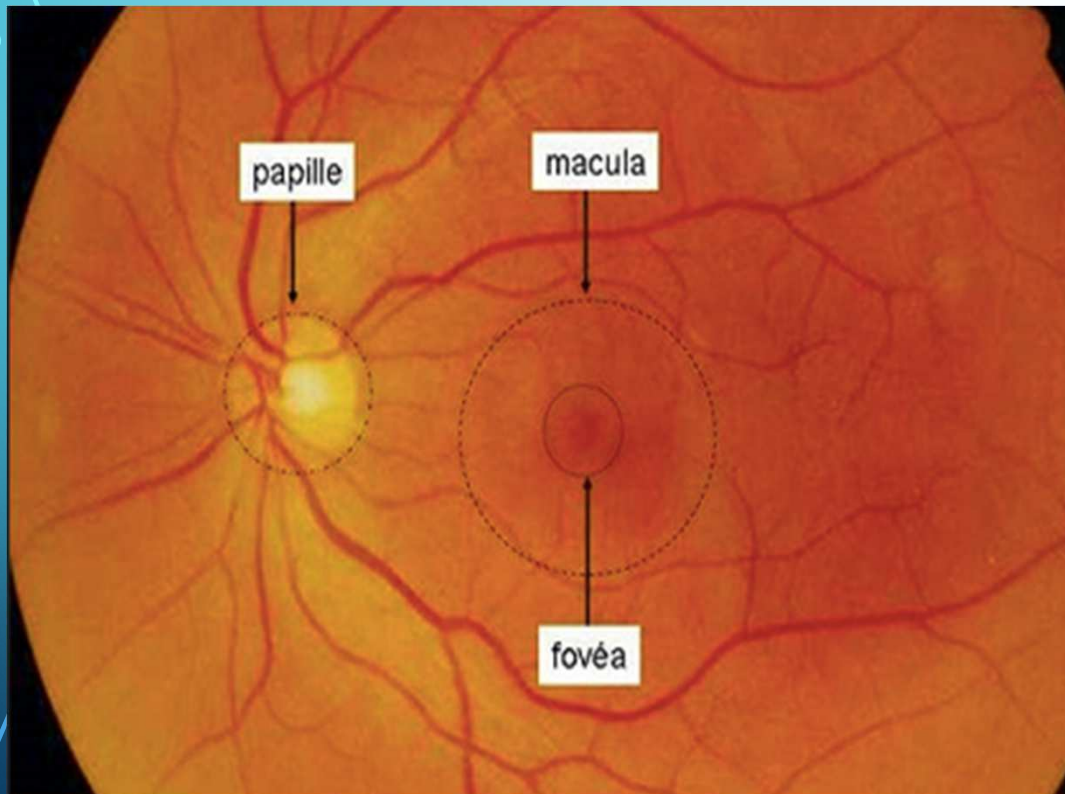
- During the year he had frequent tonsillitis treated with **AB**
- And two weeks earlier the child had a fever for one day from 5 Am until 8 p.m.

EXAMEN

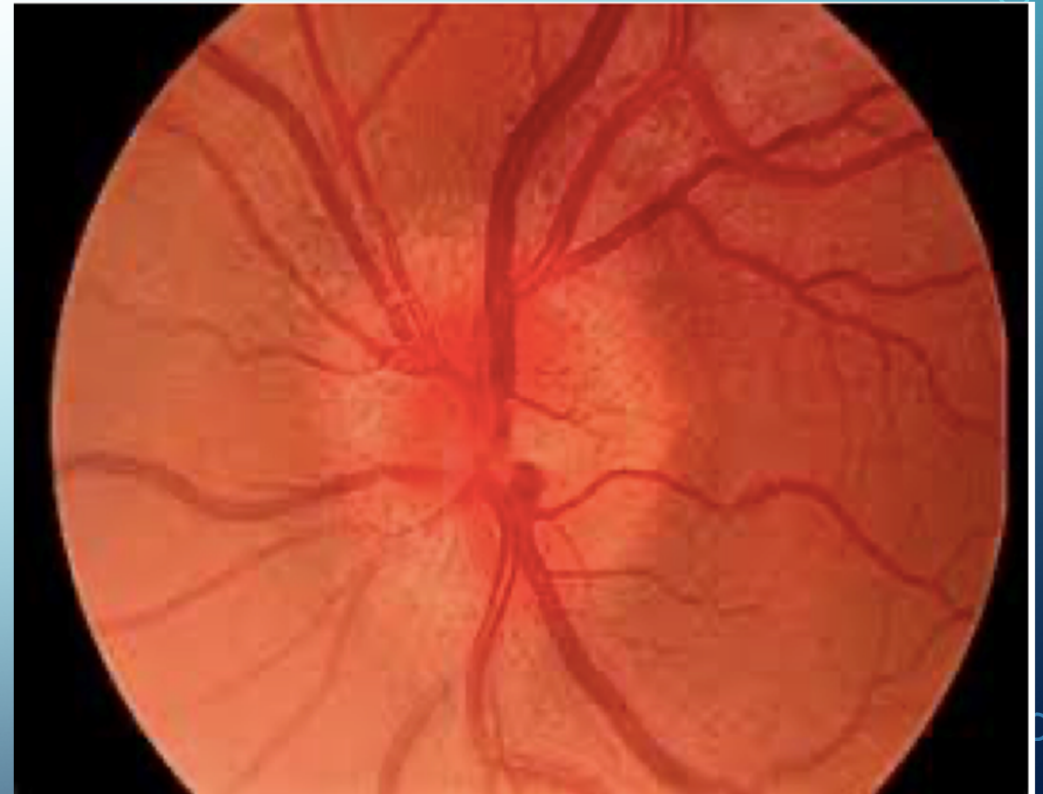
- Visual acuity OD and OG limited to a PL NO = **non-oriented light perception**
- Pupil reflexes present
- On Fundus : bilateral papilledema



NORMAL FUNDUS



OPTIC NERVE EDEMA



EXAMINATION

He has a twin brother, but they are very different. (His brother is shy)

He like to be surrounded by friends

He is resourceful,

courageous, fearless

strong character.

He doesn't work well at school , he prefers to play and clown

cleverly Scam friends (money).

But he is quite responsible for his age and listens to his parents.

EXAMEN

- Polyuria during the day
- Fear of the dark ++
- Fear of dogs ++
- Desire for sugar/milk
- Night sweating ++/head

REPERTORISATION

Cas anonyme

Analyse 4 juillet 2023, cas B 1

Analyse utilise 8 rubriques.

- 65 Mind; Courageous
- 57 Mind; Fear; dogs, of
- 298 Mind; Loquacity
- 187 Eyes; Nerves, optic
- 31 Eyes; Inflammation; nerves, optic
- 134 Generalities; Food and drinks; milk, milk products; desires
- 327 Generalities; Food and drinks; sweets; desires
- 267 Q-Rep; Dark; Dark Quality

Standard

phos	91 / 8	
puls	100 / 7	
nux-v	75 / 7	
sulph	61 / 7	
verat	52 / 7	
agar	50 / 7	
merc	48 / 7	
bell	92 / 6	
tub	76 / 6	
calc	64 / 6	
rhus-t	54 / 6	
nat-m	52 / 6	
ars	48 / 6	

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CHECK THE REMEDY'S SPHERE OF ACTION AND AFFINITY

Répertoire

Allen, Henry

*Keynotes and
The Materia*

Allen, Timothy

*Clinical History
The Encyclopedia*

Anschutz, E.

New, old and

Boericke, W.

Pocket Materia

Boger, Cyrus

A synoptic history

Bönninghaus

Characteristics

Clarke, John

Dictionary of

Phatak, S.R. - Materia Medica of Homeopathic Medicines

stool. Head; heavy; aches; over eye one; with hunger; worse children, worse lying on right side; better cold washing of face. Brain-fag; with coldness of occiput. Burning temples. Vertex; throbs, hot, after grief. Softening of the brain, with formication, numbness of limbs, feet drag. Congestion to head. Dandruff; copious. Itching of scalp. Falling of hair in large bunches; in spots. Occiput; cold; shocks in; epilepsy. Feels as if pulled by hair.

Eyes. Lachrymation; in wind. Photophobia. Vision; flashes; haloes; red; green; black; better shading by hands. Narrow field of vision. Balls feel large; stiff. Coloured vision then migraine. Glaucoma. Degenerative changes in retinal cells. Retinitis albuminurica. Partial loss of vision from abuse of tobacco, sexual excess, lightning. Optic atrophy. Choroiditis. Long curved lashes. Yellow. Cataract. Eyes hollow, with blue rings around them. Vitreous opacities. Letters appear red when reading. Sensation as if everything were covered with mist; dust or veil or something pulled over tightly over eyes. Eyes turned outwards.

Ears. Difficult hearing, of human voice. Echoes and reverberations of sounds; esp. music. Polypi in the ear. Otitis; media. Mastoiditis. Dullness of hearing after typhoid. As if foreign bodies

REMÈDE

- Phosphorus 30 K, 3 granules in the mouth
- And Phosphorus 200 K, 1 granule in water for 3 days
- If no rapid improvement (24h), consider hospitalization

FOLLOW-UP **THE DAY AFTER**

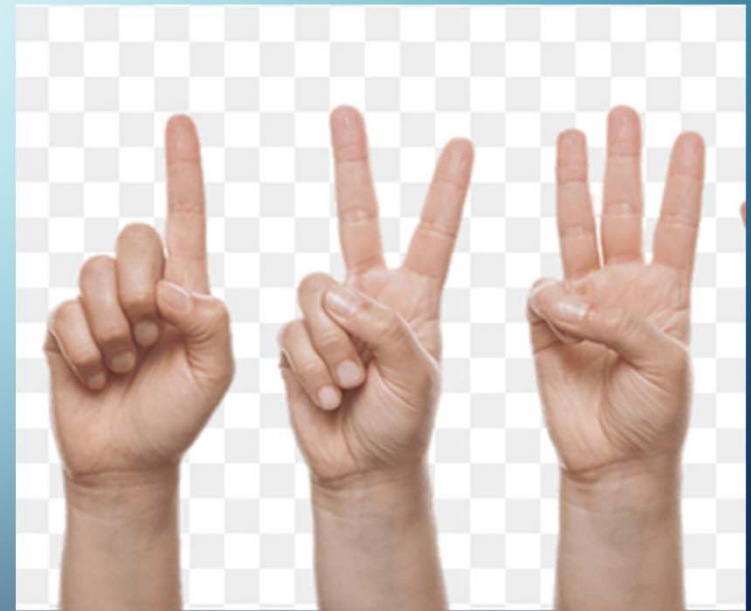
by phone the father says

- It seem that he sees better the white elements (the wall)
- Move better, more active



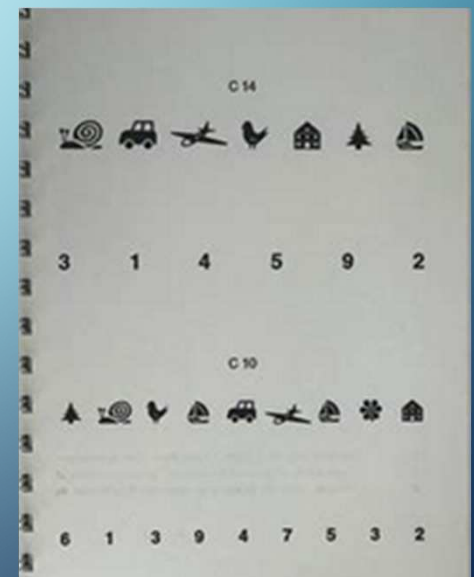
D3 AMELIORATION RIGHT EYE

- Right eye acuity OD: **Counts fingers at 10 cm**
- Left eye acuity OL: non-oriented light perception



FOLLOW-UP

- **Day 6. constant improvement right eye**
- OD Counts fingers at 30 cm
- OG non oriented light perception
- Phosp MK
- **Day 10. the improvement begin at left eye**
- OD Counts fingers at 1 meter / Near acuity Parinaud 20
- OG **Directed light perception**
- **Day 17. Significant improvement**
- Cadet test near vision 10/10 ODG
- PHOSP XMK and returns to Agadir, as dad can't stay any longer



FOLLOW UP

- **After 1 month** (phone call): back to school, hasn't missed the first day
- **1 months 1/2**
 - VA 20/25 Right and left eye and 20/20 in binocular
 - Findus : papillae normal , no more oedema
 - He's become very cuddly.
 - He's a tough guy at school.
 - He bosses his brother around.
- **Cs at 8 months**: Visual acuity 20/20 right + left eye, fundus normal



HAHNEMANN &2



- in many cases homeopathy acts very quickly,
- the day after the remedy this child began to improve
- the recovery was quick, without sequelae, without having cost



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5-YEAR-OLD GIRL
HOSPITALIZED FOR ACUTE FULMINANT HEPATITIS B



CASE'S HYSTORY A WEEK OF HELL

- Sunday sept/17/17: a poor little girl whose parents are very modest and living in the countryside, comes to visit her grand sister in the city of Casablanca
- Monday sept/18: she begins to be tired, to vomit
- Tuesday sept/19: her condition does not improve, very weak , no appetite , her parents take her to a doctor who diagnoses **hepatitis**, tells her to rest and give some vitamins
- Wednesday / Thursday: she can not eat anything, her fatigue worsens with the appearance of an icter, diarrhea, vomiting
- Friday sept/22: she is **hospitalized** in the service of infectious pediatrics
- Saturday sept/23: doctors announce to parents that it is fulminant hepatitis B with hepatic encephalopathy, they can not give any drugs, her liver has been destroyed by the virus and probably her only hope is to go abroad for a **liver transplant**
- Sunday 24: this news is a consternation, the family is almost in mourning, understanding that as they don't have the means of such a therapy, the doctors do not dare to confess that she will die

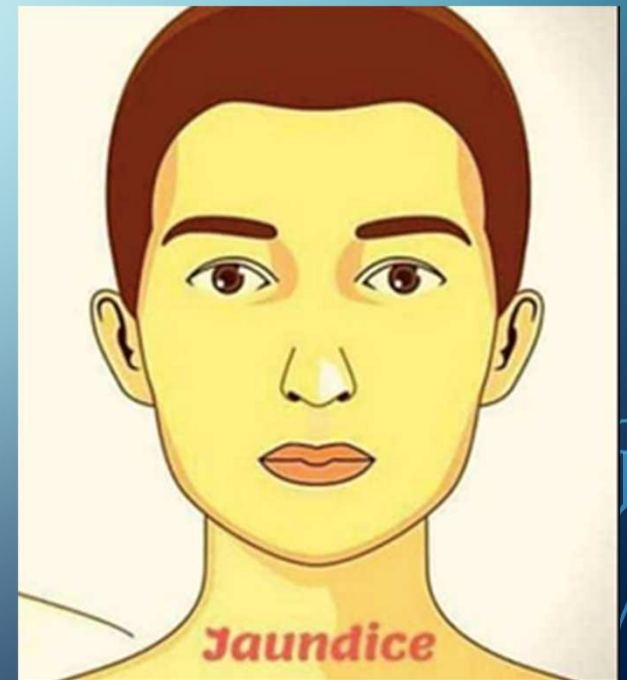
9 DAYS LATER

- I meet her aunt who tells me her story in tears, first I'm sad, I sympathize, I think her condition is beyond any therapeutic remedy, then I say to myself that we must try homeopathy, anyway she has nothing to lose, I propose to the aunt to go to the hospital to see her niece the next day at the end of my ophthalmology consultation, since I study and practice homeopathy I treat different pathology I have much more satisfaction in my practice

CASE ANALYSIS

- Tuesday 26: before going to the hospital I have to take some remedies with me,
- I make a quick repertorization with the symptoms described by his aunt ...

- -Eyes yellow
- -Face yellow
- -Skin yellow jaundice icterus
- -Abdomen inflammation liver hepatic
- -Stomach vomiting yellow
- - generalities coldness lack of vital heat
- -Stool Yellow



RÉPERTORISATION

Analyse 26 septembre 2017

Analyse utilise 1 rubriques.

▼ 20 Rubriques croisées

142 Eyes; Yellow

207 Face; Yellow

98 Stomach; Vomiting; yellow

194 Abdomen; Inflammation; liver,...

343 Stool; Yellowish

505 Skin; Yellow, jaundice, icterus

838 Generalities; Coldness, lack of vital...

ars	bry	chel	chin	nat-s	phos	acon	aesc	ars-i	card-m	crot-h	hydr	iod	kali-bi	lept	merc	nit-ac	phyt	plb	sep
100	100	100	100	100	100	67	33	33	33	33	33	33	33	33	33	33	33	33	33
1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
3	3	3	3	3	3	2	1	1	1	1	1	1	1	1	1	1	1	1	1
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3	3	3	3	3	4	2	1	1	1	1	1	3	3	1	1	3	1	1	1
4	4	4	3	4	3	4	1	1	3	1	3	3	1	3	4	3	3	1	3
4	4	4	4	4	3	3	1	3	1	1	3	1	3	3	4	1	1	3	3
4	4	4	4	4	4	4	3	4	4	4	4	4	4	4	4	4	4	4	4
4	4	4	4	4	4	4	4	4	1	3	4	3	4	3	4	4	4	3	4

if I cross all this rubrics , it stay 20 remedies

I go through them one by one reading phatak repertory and I decide to take only those who have a strong affinity for the liver

SÉLECTION DES REMÈDES

- I take with me 5 remedies Phosphorus , Chelidonium , Natrum-sulfuricum, leptandria virginica , Carduus marianus , and go to the hospital
- I go directly to see the girl in her room, do not meet doctors or nurses
- I see a **prostrate** little girl, lying in her bed, with a simple infusion of saline or glucose
- almost **unable to move, too weak to answer or to open her eyes , almost in a pre-coma**
- with a **yellow-orange** color of skin from head to toes, the conjunctiva , the tongue , the mouth

MEDICAL REPORT

- Hepatitis B fulminant, hepatic encephalopathy
- high level of transaminase **ALAT / ASAT 3540**
(normal less than 35 UI/L)

CHOICE OF REMEDY

- on my phone I take a look on the application complete Dynamics and I read what did phatak write about the 5 remedies that I brought with me
- I read then Leptandria virginica : it affects the right side and **liver**, causing haemorrhages due to liver affections. Burning , in hepatic région. Bilious state. Weakness, **HARDLY ABLE TO STAND or WALK , jaundice**
- I did not have a valid argument to eliminate Chelidonium or Natrum-sulfuricum but this last sentence made me decide for Leptandria virginica
- I put some pellets of Leptandria 200 in a small bottle of water and ask the mother to give two spoons per a day for three days.
- more to reassure me, I tell the aunt that if the young girl has yet a vital force it may maybe help

Phatak, S.R.

Leptandra virginica

It affects the right side and liver, causing haemorrhages due to liver affections. Burning, in hepatic region. Bilious states. Weakness, hardly able to stand or walk. Jaundice.

Aggravation. Worse: Cold drinks. Motion. Periodically. Wet weather.

Amelioration. Better: Lying on abdomen; on side.

Mind. Hopeless; despondent and drowsy; with hepatic affections.

Head. Dull frontal headache; with aching in navel.

Eyes. Smarting and aching in eyes.

Mouth. Tongue, yellow, or black down centre.

Stomach. Craving for cold drinks which worse burning and aching in stomach. Bilious vomiting. Sinking at the pit of stomach. Meat and vegetables disagree.

Abdomen. Sore or dull, burning ache over liver or near gall bladder; extending down over bowels to navel or towards left scapula or along spine, which feels chilly. Liver swollen transversely. Acute liver conditions. Gallstones. Constant dull aching in umbilical region. Stools; muddy, watery; worse morning, TARRY OR BLACK; FOUL. Stingy, waxy or spurting, in the morning; with pain at navel.

Materia Medica of Homeopathic Medicines

Dysentery; after diarrhoea. Prolapsing piles; with haemorrhages. Jaundice, with clay coloured stools. Feeling as if something was passing out of the rectum.

Urinary organs. Red or orange coloured urine, with dull aching in lumbar region.

Female. Menses; suppressed or retarded, with liver affection. Leucorrhoea; warm, watery; runs down the limbs; from ulceration of the os

Heart. Soreness at. Pulse slow and full.

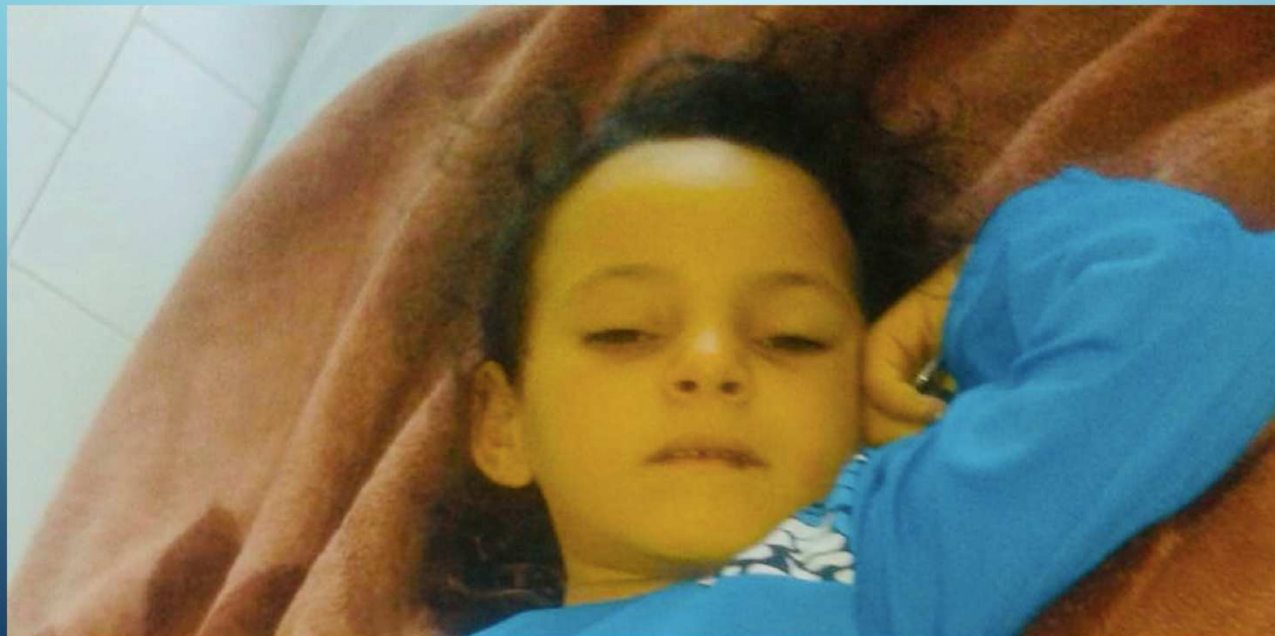
Extremities. Pain in sciatic nerve (left); worse on sitting. Nails very thin, soft and splitting.

Fever. Chilly along the spine and down the arm.

Relations. Related remedies: Bapt; Card-m; Chion.
Complementary: Phos.

FOLLOW-UP DAY 1

- Wednesday sept 27/2017 : worry about this poor young child , very early in the morning I call the aunt who told me that her little niece **opened her eyes this morning and ask for an apple and a banana**, while she had not eaten for 6 days !



DAY 2



DAY 5

- I call the aunt who tells me that the little girl has recovered well .
- the doctors have authorized **her exit from the hospital** because of the **normalization of the blood test** (transaminases) and the general state, they didn't understand what had happened , the family didn't say anything about my coming
- since then, 8 years later, I've been hearing from her, she's fine, she's playing normally, she did not even have the tiredness that patients have for 6 months after hepatitis

DISCUSSION

- this very severe case of acute hepatitis treated in 5 days has convinced me that homeopathy is the most powerful medicine,
- Ophthalmologist who practiced allopathic medicine for 20 years I realized that the patients were not often cured, they pass to the chronicity,
- Furthermore for 95% of the patients I had only 4 categories of drugs to prescribe, juggling between antibiotic, anti-inflammatory corticosteroids or antihistamine drug
- this case proves to my allopathic friends that the theory of the microbe's causality is false, to say that the liver is destroyed by the virus does not make any sense since homeopathy does not act as an antiviral drug

DISCUSSION

- In this acute stage 1 case, the emergency is to find a remedy with a strong affinity for the affected organ (here the liver) .
- I didn't really ask for her sleep , dream, food preferences , maybe I was wrong
- it is likely that the other remedies that I quoted would have worked too
- homeopathy is really generous

BURNETT



- « death » is often, at the start, in a particular organ, namely local, and if the part be saved in time life may be preserved.
in the acute process the value of a particular organ strikes one often very forcibly , there may be no need of any constitutional treatment; the one suffering part may be the whole case.
and in many chronic case certain organs claim and must have special attention

- The other point is that this little girl was saved by an **inexpensive** remedy, if her parents had enormous means to go abroad to try a liver transplant, it would have been necessary to find a compatible donor, then she would have spent her all life on immunosuppressors and corticosteroids with **all the sides effects** that we know.

CONCLUSION

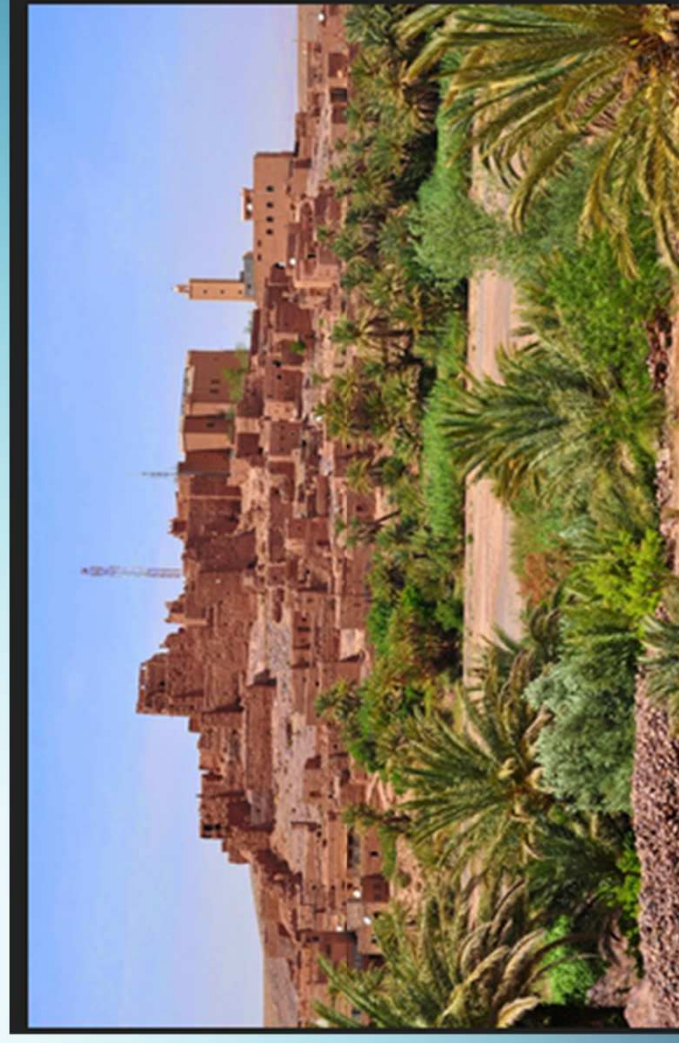
Homeopathy is an ecological and economical medicine, capable of treating the entire planet at a lower cost, of treating the majority of the poor population, of saving money for the various governments, it should be the guideline of all doctors.

We need more good homeopaths in Morocco



HUMA

Homeopathy Unicist Moroccan Association



- Ghallab Ghislaine MD , Ophtalmologiste
- Live in Casablanca
- Présidente of HUMA Hahnneman Unicist Moroccan Association

ABSTRACT

A sudden and significant decline eyesight in an 8 year old child, reveals a bilateral optic nerve oedema. After eliminating a tumor, usually the treatment consists of an infusion of corticosteroids, with many side effects and the risks of optic atrophy and others sequelae. The homeopathic treatment has permitted a quick, gentle and total cure of the optic nerves.

KEY WORDS

Optic nerve, bilateral oedema , visual loss

INTRODUCTION

In ophthalmology bilateral optic nerve damage are rare but very serious pathology that can reveal a tumor, an intracranial hypertension or be of inflammatory or infectious origin. Delayed treatment may lead to visual atrophy with visual loss.

CASE HISTORY

This is the case of an 8 year-old boy , let's call him Jem, living in Midelt a poor southern region of Morocco , near Agadir.

I saw him for the first time in September, 11, 2017 at my ophthalmology consultation led by his father, as a blind

2 weeks ago, after a trauma (he did not see the door) the family realized that he has a sudden decrease in visual acuity

they saw 2 allopathic ophthalmologists in Agadir, they made the same diagnosis it's was bilateral papillitis (inflammation of the optic nerves) , but they admit their impossibility to treat this kind of serious affections, and advise him to come to Casablanca.

A cerebral scanner was done it does not show any abnormality

He has a history of repetitive angina treated by antibiotics

and 2 weeks ago, he had fever during one day at 5 or 6 am ... until 8 pm

Examination

Visual acuity limited to : non oriented light perception

Reflexes Pupillary present with related pupillary deficiency

Fundus : inflammatory optic nerves with bilateral papilledema

Sedimentation Speed 30

C Reactive Protein 66

Hemoglobin 10.3

His father tell us about his character :

He is twin, but very different from his brother , the brother is timid but Jem like to be surrounded by friends, he is brave, not afraid , strong character

Resourceful

does not work well at school because he prefers to play and clown

cleverly Scam friends (money)
Listen to the parents
Responsible
fear of dark ++
fear of dogs ++
polyuria during the day
Desire sugar / milk
Transpire night ++ / head

during the consultation, he often interrupts his father to speak or rectify certain things

ANALYSE

when I was allopath, in this serious affection of the bilateral optic nerve, we have no choice but to inject high doses of corticosteroids, followed by oral corticotherapy for several months
the side effects are very important, with a risk of sequelae on the optic nerve

I then wanted to start with homeopathy by telling me, if tomorrow it is not better, it will be necessary to hospitalize

Rubrics
Mind courageous
Mind fear dogs
Mind loquacity
Eye optic nerv
Eye inflammation optic nerv
Vision weak
Transpiration night head
Food I desir milk
Food desir sugar
Q rep : dark quality

PHOS 30 CH a granule in mouth
And PHOS 200 few granule in water / twice a day for 3 days

FOLLOW UP

12/sept
The next day by phone : the father says
It seem that he sees better the white elements (the wall)
Move better, more active

13/sept , consultation , amelioration right eye
visual acuity right : Counts the fingers to 10 cm
left eye acuity : non-oriented light perception

16/sept after 5 day constant improvement right eye

right eye : Count fingers to 30 cm
left eye : non-oriented light perception

Phosp MK

20 / sept after 9 day the improvement begin at left eye
right eye : Counts the fingers at 1 meter / sharpness Parinaud 20
left eye : oriented light perception

27/sept
clear improvement
test near vision 20/20 right and left eyes

PHOSP XMK and go back to Agadir

Phone: after one month 9/October back to school!
He goes to school, did not miss one day

30/oct /17
Visual acuity 20/25 Right and left eye
20/20 in binocular
Findus : papillae normal , no more oedema
Became very huggable
It's a school "caid"
Command his brother

Conclusion :

in many cases homeopathy acts very quickly,
the day after the remedy this child began to improve
the recovery was quick, without sequelae, without having cost

Ghallab Ghizlaine MD , ophtalmologist
Live in Casablanca; Morocco
Présidente of HUMA Hahnneman Unicist Moroccan Association

abstract

This is the short story of a 5 years old girl hospitalized for Acute fulminant hepatitis B, with encephalopathy , the medical prognosis was very serious, she had to undergo a transplant or die
homeopathy allowed her to heal quickly without sequels

key words

fulminant hepatitis B
hepatitis, jaundice, transplant

Introduction

A five-year-old girl traveling with her parents fell tired one day, her condition quickly worsened and she was diagnosed with fulminant hepatitis, she soon found herself between life and death
the disease's history was told to me, by the aunt , on the tenth day of the illness
here is how it happened

case history

Sunday sept/17/17: a poor little girl whose parents are very modest and living in the countryside, comes to visit her grand sister in the city of Casablanca

Monday sept/18: she begins to be tired, to vomit

Tuesday sept/19: her condition does not improve, very weak , no appetite , her parents take her to a doctor who diagnoses hepatitis, tells her to rest and give some vitamins

Wednesday / Thursday: she can not eat anything, her fatigue worsens with the appearance of an icter, diarrhea, vomiting

Friday sept/22: she is hospitalized in the service of infectious pediatrics

Saturday sept/23: doctors announce to parents that it is fulminant hepatitis B with hepatic encephalopathy, they can not give any drugs, her liver has been destroyed by the virus and probably her only hope is to go abroad for a liver transplant

Sunday 24: this news is a consternation, the family is almost in mourning, understanding that as they don't have the means of such a therapy, the doctors do not dare to confess that she will die

Monday 25: ten days later, I meet her aunt who tells me her story in tears, first I'm sad, I sympathize, I think her condition is beyond any therapeutic remedy, then I say to myself that we must try homeopathy, anyway she has nothing to lose, I propose to the aunt to go to the hospital to see her niece the next day at the end of my private consultation of

ophthamology , since I study and practice homeopathy I treat different pathology I have much more satisfaction in my practice

Case analyse

Tuesday 26: before going to the hospital I have to take some remedies with me, I make a quick repertorization with the symptoms described by his aunt ...

- Eyes yellow
- Face yellow
- Skin yellow jaundice icterus
- Abdomen inflammation liver hepatic
- Stomach vomiting yellow
- generalities coldness lack of vital heat

if I cross all this rubrics , it stay 18 remedies (phosphorus, chelidonium, arsenicum-album , china officinalis , bryonia, natrum-sulfuricum, sepia, mercurius , hydratis, aconit, iodum , crotalus-horridus, carduus-marianus, kalium-bichr, plumbum, phytolacca , leptandria virnica , arsenicum-iodatum)

I go through them one by one reading phatak repertory and I decide to take only those who have a strong affinity for the liver

I take with me 5 remedies Phosphorus , Chelidonium , Natrum-sulfuricum, leptandria virginica , Carduus marianus , and around 5 pm we go to the hospital

I go directly to see the girl in her room, do not meet doctors or nurses, and see a prostrate little girl, lying in her bed, with a simple infusion of saline or glucose, almost unable to move, too weak to answer or to open her eyes , almost in a pre-coma, with a yellow-orange color of skin from head to toes, the conjunctiva , the tongue , the mouth ..

I read the medical report: Hepatitis B fulminant, hepatic encephalopathy with high level of transaminase ALAT / ASAT 3540 (normal less than 35 UI/L)

on my phone I take a look on the application complete Dynamics and I read what did phatak write about the 6 remedies that I brought with me

I read then Leptandria virginica : it affects the right side and liver, causing haemorrhages due to liver affections. Burning , in hepatic région. Bilious state. Weakness, HARDLY ABLE TO STAND or WALK , jaundice

I did not have a valid argument to eliminate Chelidonium or Natrum-sulfuricum but this last sentence made me decide for Leptandria virginica

I put some pellets of Leptandria 200 in a small bottle of water and ask the mother to give two spoons per a day for three days.

more to reassure me, I tell the aunt that if the young girl has yet a vital force it may maybe help

Wednesday sept 27/2017 : worry about this poor young child , very early in the morning I call the aunt who told me that her little niece opened her eyes this morning and ask for an apple and a banana, while she had not eaten for 6 days ! for the family alleluia it was a miracle, for me too and I knew that the game was won !



Day two after taking the remedy

Thursday / Friday / Saturday: I was at a homeopathic seminar in Belgium



Day 3 after the remedy

Sunday october first : On my return, looking forward to hearing from my little resurrect I call the aunt who tells me that the little girl has recovered well .

more than that the doctors have authorized her exit from the hospital because of the normalization of the blood test (transaminases) and the general state, they didn't understand what had happened , the family didn't say anything about my coming

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This case reflect what Burnett says :

« death » is often, at the start, in a particular organ,i.e local, and if the part be saved in time life may be preserved.

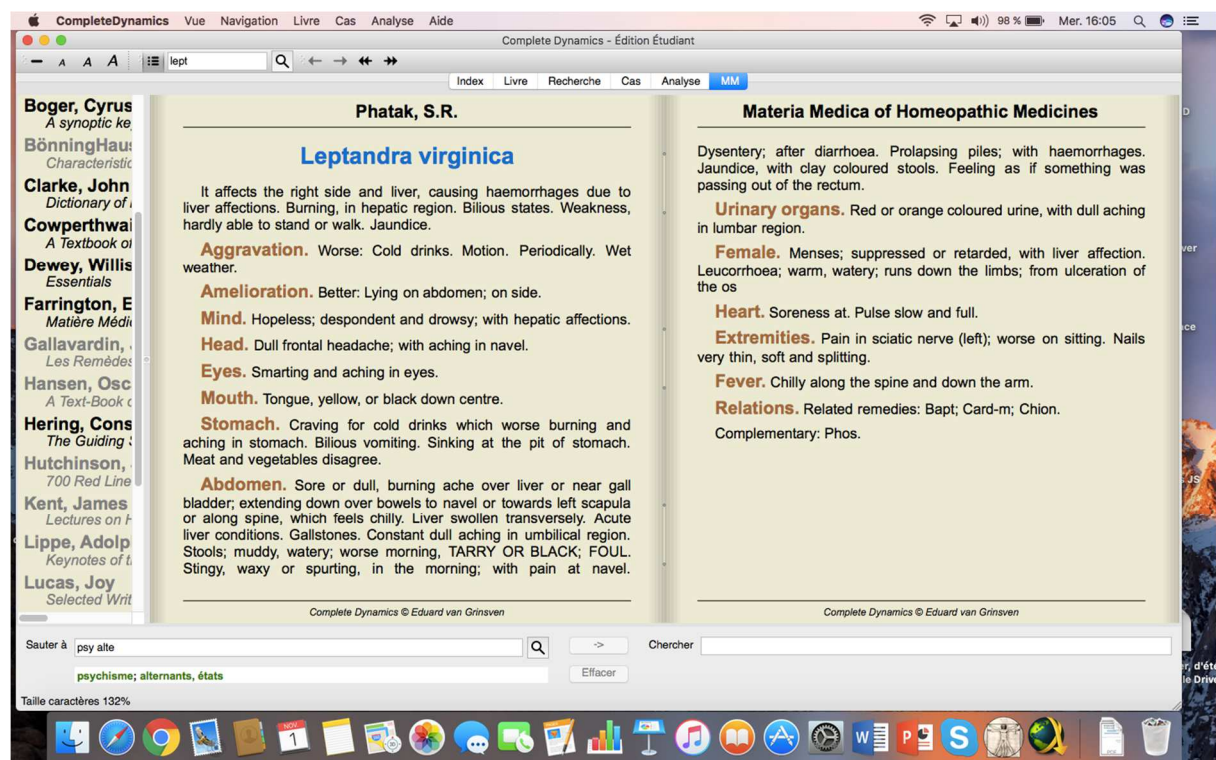
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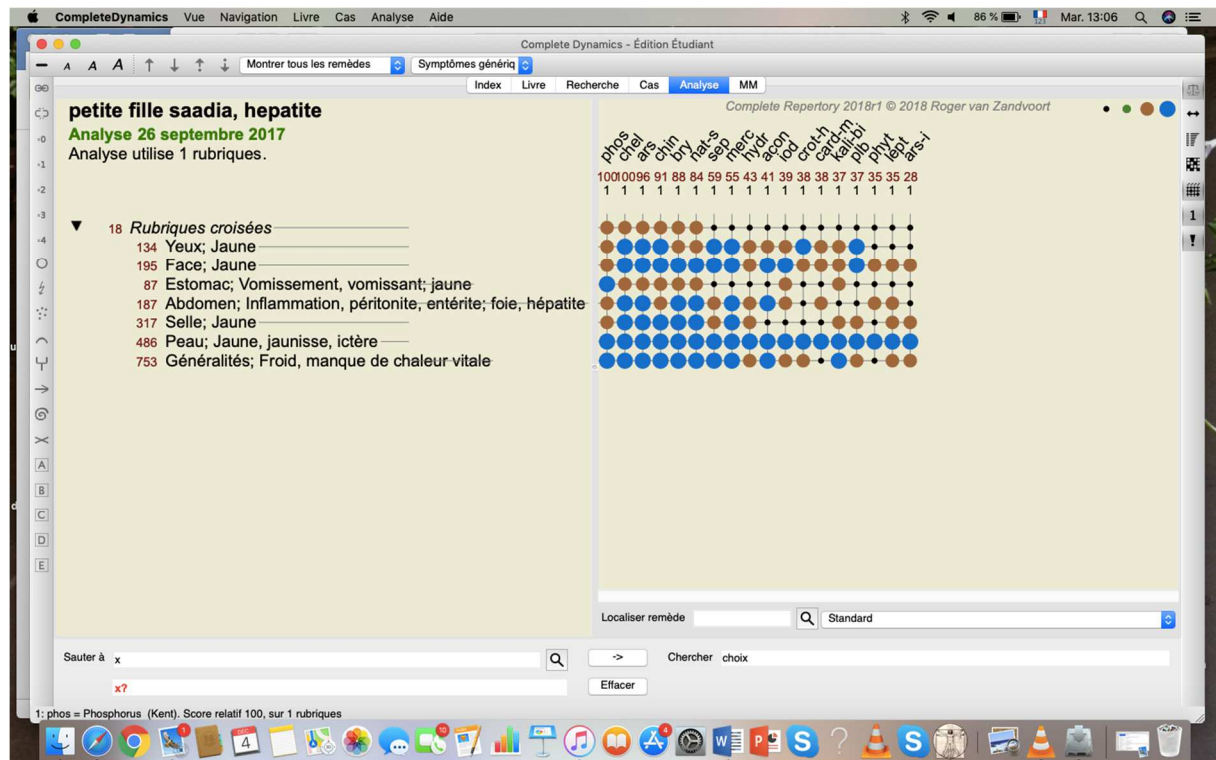
and in many chronic case certains organs claim and must have special attention.

The other point is that this little girl was saved by an inexpensive remedy, if her parents had enormous means to go abroad to try a liver transplant, it would have been necessary to find a compatible donor, then she would have spent her all life on immunosuppressors and corticosteroids with all the sides effects that we know.

conclusion

homeopathy is an ecological and economic medicine, able to treat the entire planet at little cost, to treat the majority of the poor population, to make savings to the different governments , it should be the line of conduct of all the doctors





Reflexion about the case

In a case of Hepatite B in a child we can thought about a sexual abuse

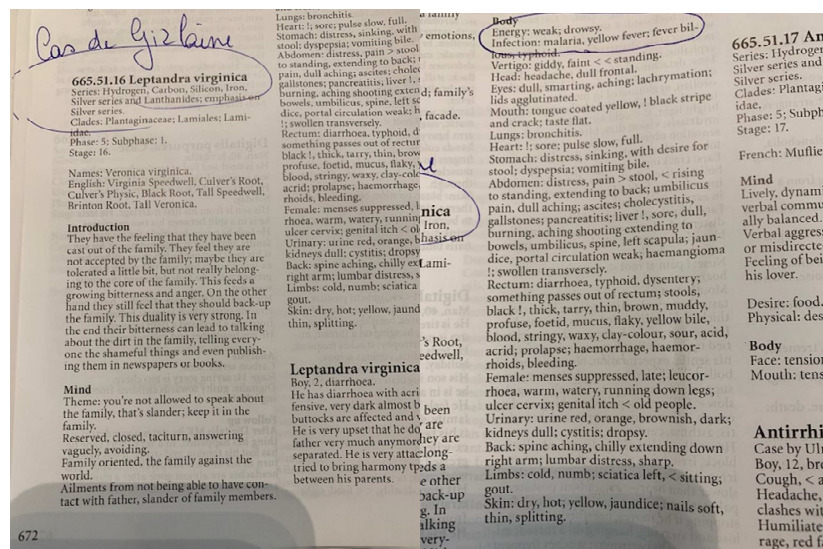
Probably someone close to her

I didn't investigate , not want to burst the family

But a friend show what scholten write about leptandria in the book wonderful plant ,

we see that magically it's about " to be cast out of the family "

"or not accepted " " or "not allowed to live with the father "



<p>Soite blabber</p> <p>treated He has no em, or bet- withdrew em, but was nd hardly kes him</p> <p>from hav-</p> <p>relative family emotions,</p> <p>family's facade.</p>	<p>Dull, confused, thinking and memory dif- ficult. Delirium. Speaking dirty about others, slander Sex high; amorous, lascivious. Hierarchy, in the family. Sad, tearful, despondency, melancholia, entangled in their problems, complaining. Hopeless. Hypochondriac. Work impossible, indifference, lethargic. Bitter, < deception Aversion femininity. Irritable, oversensitive to noise. Disappointed many times, people have let him down many times.</p> <p>General Type: right side. Weather: < wet weather. Time: < 9 pm; periodical, every 2-3 months. Desire: canine hunger, cold drinks. Aversion: meat, vegetables. Food: cold drinks. Physical: > lying on abdomen, on side, motion. Sleep: restless < night.</p> <p>Body Energy: weak; drowsy. Infection: malaria, yellow fever; fever bil- ious, typhoid. Vertigo: giddy, faint < < standing. Head: headache, dull frontal. Eyes: dull, smarting, aching, lachrymation; lids agglutinated. Mouth: tongue coated yellow, ! black stripe and crack; taste flat. Lungs: bronchitis</p>	<p>Analysis Carbon series Stage 16: doc Leptandra: st</p> <p>memory dif-</p> <p>Leptandra Boy, 10, cau- lander His bedwet- citement an He has headacholia. when he complaining. His parent and he live lethargic. and half w quarrels an not allowe He hits hi He is very angry and under the</p> <p>Analysis Carbon s Iron seri Plantagi Stage 16 side,</p> <p>665.5 Series: ! Silver s Silver s Clades idae. Phaca-</p>	<p>grave Sexuel</p> <p>Analysis Carbon series; parents divorced. Stage 16: does not see his father. Leptandra: stool sticky and black.</p> <p>Leptandra virginica, Case Boy, 10, enuresis. His bed-wetting is worse in periods of ex- citement and stress, like birthdays. He has headaches and abdominal pain when he goes to sleep in the evening. His parents were divorced when he was two and he lived half the time with his mother and half with his father. His parents had quarrels and his mother decided that he was not allowed to live with his father anymore. He hits his mother when there are quarrels. He is very sensitive to criticism, he becomes angry and weepy and withdraws to his bed under the sheets.</p> <p>Analysis Carbon series: parents divorced. Iron series: sensitive to criticism. Plantaginaceae: bedwetting. Stage 16: not allowed to live with his father.</p> <p>665.51.17 Antirrhinum majus</p>
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SUMMARY

Case of chronic abdominal pain in a 31-year-old woman, the pain was attributed to a basic reflux with the presence of helicobacter (always him!), history of polycystic ovaries with infertility were determining symptoms in the search for a remedy.

KEYWORDS

Basic reflux, chronic cough, sterility

HISTORY OF THE CASE

31-year-old patient consulted in November 2021 for chronic stomach pain.

It began in 2014 (after a professional burn out), with a chronic cough => doctor tells her it was coming from the stomach => treatment. PPI (proton pump inhibitor: Inexium)

2018 cough episodes persist, **Fibroscopy** shows: small hiatal hernia + and presence of Helicobacter/ treated with Pylera 1 month (combination of bismuth subcitrate potassium, metronidazole, and tetracycline) (16 cp/ days!!) => excruciating stomach pain

PH metry showed: basic reflux, biliary reflux. The doctors in Paris told her "we've never seen anything like this in a young woman with no history of surgery".

PAIN DESCRIPTION

The pain is like a burning in the sternum and in the throat / I feel the pain all the time, when I'm hungry or not / But after lunch and especially in the evening after dinner and if I lie down it's worse / I sleep with 3 pillows / And if I sleep on the right side it's worse /

When my stomach is empty it's + a cramp /

15 minutes after breakfast I have a dry cough, lasts 10" sec, and 1 hour later the burning starts

Agg : eats fat, fried food

fasting

coffee

soda

Liquid soups : I like them, I take them at lunchtime

tea ++

tomato sauce, spicy

Amel: When I'm on vacation, I have less pain

ANTECEDENTS :

Polycystic ovary syndrome

Irregular periods all my life, on the pill since the age of 16

In February 21, stop pill to have a baby, long cycle of 40 days then amenorrhea for 3 months.

Ultrasound scan shows = OPK (no hair, acne or excess weight)

= Duphaston treatment from 16 to 25 days to induce menstruation

2 unsuccessful IVF

EXAMINATION

bitter taste in mouth

Desire: spicy ++/ acid/ french fries/ fat/ pasta/ soup/ I like to eat/ I love cheese

Aversion: not too fond of green vegetables (beans/ broccoli)

Thirst: yes / cool in summer

Car sickness

Fear of dogs

Fear of heights

Hobby: I sing +/- cook/ travel + even alone /

I'm very active, I can't get bored / I always have to be in action, physically and mentally /
Otherwise I feel "we're wasting time".

Very sociable, I have a lot of empathy for people (even when I don't know them) / If
someone close to me has lost someone, even if I don't know them, I cry.

I cry easily (film) / A kind word can make me cry

At work: I like a challenge, which stimulates me

I'm a hard worker / conscientious

Ambitious Success motivates me (sales/ results)

In 2014 "Burn-out" = because of her boss/she felt scorned

I didn't feel I had the right value, I was tracked, I had to be accountable all the time

I felt imprisoned

I don't like being told what to do like with the police

481 Q-Rep; Female Hormones; Female Hormones Quality	
E	532 SRP
2	Stomach; Pain; burning; lying; agg.; side, on right
54	Abdomen; Bile quantity; increased
88	Generalities; Food and drinks; tea; agg.
481	Q-Rep; Female Hormones; Female Hormones Quality

REMEDY

Dioscorea 200 (1x/week)

(July/August vaccine = Pfizer)

30/12/21. FOLLOW-UP

1 dose/ week/ 4 weeks

The first 2 weeks I still had pain (throat/ bitter taste/ stomach) idem

After the other 2 weeks, I had a fibroscopie = everything was normal

And no more pain, I'm better

I ate something spicy but I didn't feel any pain

I've stopped all medication

I sleep with only one pillow, no more sourness

Date of my Last period : November 19; still late

Morally better, I'm doing a lot of things, I'm launching my brand, a lot of things are opening up to me, I'd been working on it for 3 years, there was a blockage, for 1 month everything has been fluid, as if I'd made a huge jump, I've made a lot of headway, and I'm managing to do a lot of things at once

Take once / every two weeks

27/01/2022

For 3 weeks now, I've had a dry, irritated feeling in my throat (no burning).

I no longer cough

No more bitter taste

Stop coffee since 2 months

Fibro = very good results/ no basic reflux, no elicobacter

Continue every 15 days (one dose)

24/03/2022

No more stomach pain at all

I'm gradually adding coffee/ tea/ spice

At day 12 at the gynecologist's, I have a lot of follicles but they are not growing.

Wait for pregnancy test + husband's test

Continue diosc (once a month)

Did IVF

June 22 pregnancy 5 weeks (3 bags)

Sept 22 triplet pregnancy (reduction)

Jan 23 : 2 beautiful twins



The main active constituent of the rhizomes of most *Dioscorea* species is a steroidal saponin called Diosgenin. Diosgenin came to fame in the 1960s, when it was discovered that it could be easily transformed in the laboratory into hormones like Cortisone, Progesterone, Estrogen and Dehydroepiandrosterone. This led to the mass production of steroid-based medications and hormones that have changed the course of Western medicine. Apart from Diosgenin, *Dioscorea* contains several other saponins, the alkaloid Dioscerin, tannins and several vitamins.

In the human body the transformation from Diosgenin into hormones is most likely not possible and the claim that Wild Yam acts as a “natural progesterone” when applied in creams or taken orally has not been confirmed in studies (attempts to market it as such have been dubbed by some “the Wild Yam scam”). Yet *Dioscorea* still seems to have an estrogen-like effect, a clinical observation that is supported by several animal studies. There has been some speculation that when the Mayans

the Mayans suffered a loss of their maize crop and had to eat *Dioscorea villosa*, the hormonal effects of the plant caused a fertility drop in their population they could not recover from! | Pengelly - #

Diosgenin also affects the metabolic system by lowering the amount of cholesterol in the bile, as well as triglycerides and glucose-levels in the blood. A 2007 study could show that it also actively inhibited the growth of *Candida albicans* and other pathogenic yeasts in vitro. | Mazzio - #

There is also preliminary evidence from one study that wild yam root extract has the potential to be used as a cancer preventive substance, since it seems to stimulate the apoptosis of tumor cells. Diosgenin also inhibited growth of human colon carcinoma cells. In a recent anti-cancer screening program using malignant neuroblastoma cells, *Dioscorea villosa* extract was found to have the strongest tumoricidal activity of over 300

Dioscorea villosa was most commonly used by Native Americans for **menstrual cramps and to relieve labor pains during delivery**. Early settlers used Wild Yam to treat colic, inflammation, muscle spasms and a range of disorders, including asthma. Later it got used in domestic practice as a **specific in bilious colic**. Hale writes, that "country nurses will narrate almost miraculous cures from its use, after the patient had been given up to die by the attending physician". | Hale 1869 - #